

FOREST (with Mark Rast on banjo)

I woke up, surrounded by these trees
So tall, magnificent, providing all I need
A shelter from the elements encased in all that's pure
I think I've found my escape from always wanting more

Yeah you go chasing all those empty promises
And run into the darkness baby I'll stay in the light
Don't worry about those skeletons your closet has inside
Lord knows I've got plenty of my own that I have left behind
No need to concern ourselves with our shattered past
It's shaped us yes but it is still the past nonetheless
Let's look forward to the future yet to come
Like a captain of this sinking ship I will steer this haul
Just help me out, and we'll be alright before the night – falls

Oh you, you don't owe me nothing, no you
You don't owe me nothing, no you
You don't owe me nothing, no you
You don't owe me nothing

Except for your heart x4

Yeah you go running through all of those empty fields
And dive into the ocean's depths, tell me what you feel
Intrigued and amazed by all that surrounds your heart
A life less ordinary and a fleeting moment of fate
Will the two bring us together at a faster pace
Like science versus spirit and spirit dominates
Here, take my hand darling I will hold your's tight
We've weathered all these storms before and made it out alive
You take these reins steer the way into the light – that will shine on us

Oh you, you don't owe me nothing, no you
You don't owe me nothing, no you
You don't owe me nothing, no you
You don't owe me nothing

Except for your heart x5

WITH TIME (with Sam Frantz on organ)

Slowing down the pace of my mind
All these racing thoughts all the time
Open up a new chapter in my life
Leaving my old ways far behind
While it should get easier with each day
Only reminds me of my lost ways
This game of solitaire I call my life
Just doesn't seem like it can be won

But then again I guess I should have realized
Trying to make it on my own
Has only shown my final moments
Could be spent alone

And as we near our time of death
Our bucket list is checked
Certain things we wish we'd done more of
And others we regret

I don't seem to give a damn
No I don't seem to give a damn x3

About the way that I'm living
And I'm not sure if I'll ever be forgiven
So I just keep walking around with this picture of you in my pocket
A picture of you holding a picture of me
Do you remember that time looking out into the Blue Ridge Mountain scenery
When we thought life was going to stand still for eternity
But instead just like a roaring wind it passed
With nothing left standing nothing that lasts
Except those memories we've got in our minds oh, how we've got to make those
last

But with time, how they too , can pass
Yes, with time, how they too, can pass

With time, with time
They won't last, they will pass

With time x4
With time, with time
They won't last, they will pass
With time x4

UPSTREAM DREAMS (with Sam Frantz on organ & Jeremy Bentley on backing vocals)

Hearts, they ain't all the same
No, love it carries the strange
The more you try to change its shape
The less it can be contained

People say when you fall in your dreams
The only thing to save you from dying is
To awake before you hit the ground
Well is it truth or myth
Cause I've fallen faster while I was awake

The give and the take
That we put ourselves through each day
Like spies sitting on a train
Here we sit constantly awake

People say when you fall in your dreams
The only thing to save you from dying is
To awake before you hit the ground
Well is it truth or myth
Cause I've fallen faster while I was

Awake and I've seen
The transcending scenes inside my dreams
And I'm not sure what to believe
When time and space seem to travel upstream

People say when you fall in your dreams
The only thing to save you from dying is
To awake before you hit the ground
Well is it truth or myth
Cause I've fallen faster while I was awake

Hearts, they ain't all the same
No, love it carries the strange
The more you try to change its shape
The less it can be contained

MAIN STREET for WALL STREET (with Jim Patton on pedal steel guitar)

Dust on the road of this town
It didn't used to be this way
Some years ago from today
We used to have a different town, ya know
The butcher, the baker, the shoe maker
They all had their place in this town
Somewhere along our way
We lost what we once had
We lost our sense of community
We lost our sense of family
We lost our sense of reality
All in the name of greed and money

If we are all taught to be an individual
And look out for numero uno
If we're only to look out for ourselves
It's no wonder we've lost, we've lost our towns

Main Street for Wall Street x4

Remember when we had shop owners
Now we've got CEO's
Remember when downtown was more than just a road
To get you to the Wal-Mart parking lot
Why does the owner of the factory
Now make forty times more than his employee
Well, that doesn't seem all that fair
But I guess that's what-cha get when you lose your care
Do you remember when we had local farmers
Now we've got great big ole' food corporations
Do you even know where your food – it comes from
Or do you put your faith in the FDA?

We've got bankers with more than some countries
And if you're sick and poor well drugs they're out of your reach
Republican democrat it doesn't matter to me
If everyone's wrong then how can anyone be right

Main Street for Wall Street x4

EVERYTHING

As I travel far from my home
And I wonder into the unknown
Will I want to come back home
Or will I just want to stay up here

Throw a rock into the river
Watch that rock sink onto the bottom
If that rock comes a'floating to the top
That rock was meant to be your soul
That rock could be your floating soul
That rock could be your ticket to heaven
That rock could be your floating soul

Well, you don't know nothing
About serendipity
If you did baby
You would appreciate how we became we

Well the fact of the matter is
You seem so scared to
Give into your dreams
That it just seems like you never will
Trapped in the past trying to make it last
Just let go and you'll feel the rush
The rest will come yeah I promise that much

I was lost, one night in my car
Was traveling traveling far
And you came along and you showed me the way
But before you showed me the way
You told me about this lake
Up the road, I said baby, why don't we go
Yeah before I knew it we were swimming in the lake
Naked as the day that we came
The moonlight shined on our backs like it was our only light

And I'd give up everything, Yeah I'd give up everything
If I knew, I was giving it up for you
Yeah, I'd give up everything, Yeah I'd give up everything
If I knew, knew, knew, I was giving it up for you
Well I'd give up everything, Yeah I'd give up everything
If I knew, I was giving it up for you
Yeah, I'd give up everything, Yeah I'd give up everything
If I knew, knew, knew, I was giving it up for you

Yeah well, you got yours and I've got mine
If we settle on that the rest will be fine
Yeah we'll keep on moving as long as we push through
But you can give up all your past, present, future
And seek out things that they don't teach ya
In life there's gonna be disappointment
But that's alright, that's alright, yeah
Cause I'd give up everything, Yeah I'd give up everything
If I knew, I was giving it up for you
Yeah I'd give up everything, Yeah I'd give up everything
If I knew, knew, knew, I was giving it up for you